

# CBC Behavioral Times



## Announcements!

Timesheets are due Wednesday, January 1st by 10:00 AM.

CONGRATULATIONS to M, who has successfully passed her BCBA Exam!  
We are so proud of you!!!

CONGRATULATIONS to Alyssa who received her MS in ABA!  
We are so proud of you!!!

• Thank you so much!

## ABA Definition of the Month

**Natural Environment Teaching (NET):** A teaching approach rooted in the principles of ABA that takes place in natural, everyday settings. NET leverages everyday activities and readily available materials to create learning opportunities. This method allows learning to occur in various environments, not just in structured, sit-down sessions.

**Example:**

A client enjoys playing with a toy barn and animal figurines. The instructor or parent might use this interest to teach various skills, such as:

- "Find the cow" (Listener responding skills)
- "Do this," while flapping their arms like a chicken (Motor imitation skills)
- "What animal is this?" while holding up a pig (Tact/Labeling skills)
- Singing, Old McDonald had a... "farm" (Intraverbal skills)

**Settings:**

Conduct learning in various environments, such as:

- Park: Practice labeling colors, playing "I Spy," learning actions, discussing safety concepts like stranger danger, and more.
- Walk: Focus on counting, planning routes, practicing safety skills, identifying sounds, and exploring the environment.
- Driving: Learn names of places, explore correspondence (e.g., matching signs to locations), practice recognizing numbers, streetlights, and following traffic rules.
- Market: Build vocabulary, explore associations and categories (e.g., grouping items), practice money skills, and engage in problem-solving.
- Laundry: Work on sorting colors, reading labels, practicing self-help and independent living skills, and learning concepts like time management.

Wishing everyone  
a wonderful,  
happy birthday  
filled with love  
and laughter - and  
an amazing year  
ahead!

## January Birthdays!

Morsal

Jesus

Daniela

Andres

Monserath

Alyssa

Julissa

Yasmin

Allyson

Lisbeth

Happy  
Birthday

Cheers  
to a  
New Year



### Friendly Reminders!

January is a great time to review client progress and ensure treatment goals are still relevant and achievable.

Please keep your tablets charged!

As always - If you or your client/ the client's family are ill, in-person services must be paused until everyone has been symptom-free for 24 hours.

Please keep in regular contact with your supervisor and the scheduling department.

Do not attend session if you are unwell.

Thank you so much!

### Joke of the Month!

**Me trying to eat as much as possible before attempting to lose weight for my New Years resolution.**



### Monthly Tip!

2025 is the perfect time to celebrate you! Acknowledge your strengths and unique qualities as you step into the new year with confidence.

Thank you for all  
of your hard work!

