

CBC Behavioral Times



Announcements and Reminders!

Timesheets are due Wednesday,
April 1st by 10:00 AM.

Wishing everyone a very
Happy Easter!

Earth Day is coming up!
Remember to always be kind to
the Earth!



Thank you so much!

Shoutout of the Month! Izilda!

We are so excited to recognize Izilda for the incredible impact she makes every single day at CBC. From handling HR responsibilities to supporting administrative needs and guiding new hires as they get started, she does it all with care, dedication, and grace. Her hard work keeps everything running smoothly behind the scenes, and her support never goes unnoticed.

Beyond her impressive work ethic, Izilda brings kindness and positivity to our team. She is always willing to help, always approachable, and consistently goes above and beyond for both her colleagues and our organization as a whole. We are so grateful to have Izilda as part of our team - CBC wouldn't be the same without her!

Thank you, Izilda, for everything you do!

How to Identify Teachable Moments in Real Time

Teachable Moments are opportunities for learning that happen naturally during a session. They are not planned ahead of time, but instead occur in real-life situations like play, communication attempts, or moments of frustration. Recognizing these moments allows you to teach skills in a way that feels meaningful and engaging for the client. Some of the most valuable teaching opportunities happen when you are paying attention, staying flexible, and responding to what the client is doing in the moment.

A teachable moment often occurs when a client:

- Shows interest in something (toy, activity, person)
- Attempts to communicate (pointing, reaching, vocalizing)
- Experiences a challenge or mild frustration
- Engages in spontaneous or independent behavior



These moments are important because the client is already motivated, making learning more natural and effective. The key is to **notice the moment** and **respond with intention**.

For example:

A client reaches for a toy on a shelf → Opportunity to prompt a mand

A client struggles with a puzzle → Opportunity to teach problem-solving or requesting help

A client looks at you during play → Opportunity to build joint attention or language

Once you identify a teachable moment, your response should be quick, simple, and aligned with the client's goals.

This may include:

- Prompting communication (e.g., asking for help, requesting items)
- Modeling appropriate language or behavior
- Reinforcing attempts, even if they are not perfect
- Expanding on what the client is already doing



The goal is not to take over the moment, but to **gently guide it** into a learning opportunity. While teachable moments are flexible and client-led, they should still connect back to treatment goals. This means being aware of what the client is working on and using natural opportunities to practice those same skills.

Sometimes teachable moments are easy to miss, especially when focusing on completing programs or moving through a schedule.

For example:

A client points to a snack and the BT immediately gives it to them.

In this case, there was an opportunity to prompt communication that was missed. Becoming more aware of these moments helps you slow down, think clinically, and make the most of each interaction.





April Birthdays!



Yasmine

Crystal

Judah

Maricela

David

Cassidy

Esmeralda

Lesly

Alexis

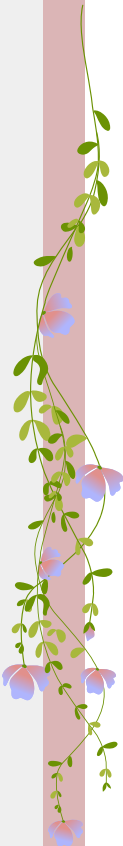
Yarlene

Yasmin

Jacqueline

Karla

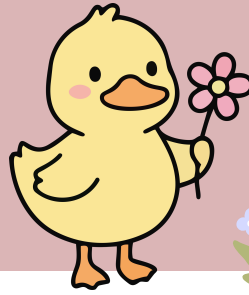
Evenlyn




Wishing everyone a wonderful, happy birthday filled with love and laughter - and an amazing year ahead!



HAPPY EASTER



Joke of the Month!

April Idea - Egg Hunt!



Hide plastic eggs or paper cut-outs around the session area, each containing a small reinforcer, token, or simple instruction (e.g., "clap hands," "touch nose," "say ball").

Guide the client to find and open eggs, embedding opportunities to follow directions, transition between locations, and complete short tasks. You can also incorporate mands by pausing before opening ("open please") or requesting help.

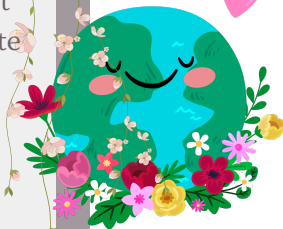
Targets: Following directions, manding, transitions, reinforcement, task engagement.

Thank you so much!

ME DELIVERING REINFORCEMENT IMMEDIATELY
AFTER A CORRECT RESPONSE



Earth Day



HAPPY
Earth
DAY

Monthly Tip!

A small act of kindness can go a long way. Whether it's offering support, sharing resources, or simply checking in with a teammate, these moments help create a positive and supportive work environment for everyone.

Thank you for all
of your hard work!